

BONUS MODULE

KEEP GOING!



This last section is all about EXECUTION!

Lets face it. When you are first starting out – you usually have the motivation and the drive to succeed... At least for a little while. After that, it becomes challenging. Life gets in the way. You have a rough night. You get sick. A million things can work to throw you off course.

It's easy to fall into despair and want to give up.

But you didn't come this far to quit now!

You must keep going!

Take time to rewrite your **WHY**.

What is at stake if you give up now?

Is it worth it? (circle one) Yes No (HINT – OF COURSE IT IS!)

Who is one friend you can trust to be your accountability partner? Enlist their help to keep you on track.

What will you do **TODAY** to make sure you keep going **TOMORROW**?
